



SUPPORTING LEARNERS TO REACH THEIR POTENTIAL

In-person Workshop/Webinar: NOV 6, Saskatoon & Regina

The AIM team invites you to join us in this unique opportunity to network and connect across Saskatchewan. This workshop will provide you with strategies for embracing positive behavior and encouraging healthy relationships for learners of all ages. Strategies discussed will apply to all ages and stages of children. **It is never too early or too late to have these discussions.**

9:00 REGISTRATION • Beverage and snack will be provided

9:30 Meet the AIM Team; learn about the programs we offer and how we support the learner, family, schools and health care professionals.

PRESENTERS: Sarah Comeau, M.Sc., CCC-SLP Speech-Language Pathologist, Deborah Cooke, M.ED. Literacy and Inclusion Specialist and Meghan Badun, M.Sc.OT Occupational Therapy

10:30 Healthy Relationships and Sexuality

PRESENTER: Heather Cobb BSc., PGCE

12:00 LUNCH AND NETWORKING (lunch will be provided)

1:00 Supporting Positive Behavior in Children and Teens with Down Syndrome

PRESENTER: Dr. David Stein Psy.D., Pediatric Psychologist, New England Neurodevelopment

WHO SHOULD ATTEND: Teachers, Therapists, Speech Language Pathologists, EAs, Special Education Teachers, Child Care providers, Parents or anyone involved in working with a child with Down syndrome.

LOCATIONS:

The Western Development Museum, Saskatoon
Mackenzie Art Gallery, Regina

Fee: \$120* for professionals & support staff

* Parents and guardians may attend at a reduced rate of \$80. Lunch is included in the fees.

10% discount if 4 or more professionals register from the same school or organization.

WEBINAR

Webinar option available for those unable to attend in person

Registration Deadline is October 30, 2017

To register go to aimprogram.ca

For inquiries please call: 306.381.6246 or email admin@aimprogram.ca

National Down Syndrome Awareness Week – November 1 to 7, 2017

MORNING SPEAKER



HEATHER COBB

Heather Cobb is the Sexual Health Promotion Specialist with Alberta Health Services, Calgary. Heather began her teaching career in 1992 after qualifying as a further and special education specialist in the UK. After immigrating to Canada in 1998 she began teaching at the University of Calgary and the Calgary Board of Education. An education and teaching professional Heather has been with the Sexual and Reproductive Health Program since 2000 working with children, teens, parents, educators and health care professionals to explore human sexuality. Heather has a particular interest in working with people with differing abilities to open up the conversation — everyone can enjoy and embrace their sexuality. Above all she is passionate about making the topic of sexual health and relationships accessible and comfortable for everyone. Heather is a board member with the PREP Board of Directors in Calgary and is a strong advocate for people in the down syndrome community.

Although all Canadians have the right to sexuality education, children and youth with differing abilities do not always receive it. They experience similar physical, social and emotional changes as their typically developing peers but may miss out on learning opportunities because parents and providers don't feel supported to talk about sexuality. It's never too early to talk and teach about healthy relationships and sexuality. Children and youth who receive sexuality education that focuses on their needs are less vulnerable to abuse and sexual exploitation and have healthier friendships and relationships. This session will encourage discussions about healthy sexuality including puberty and sexual development, hygiene and self-care, healthy boundaries and relationships. Tools and strategies including a brief web tour of www.tascc.ca will be highlighted.



AFTERNOON SPEAKER



DR. DAVID STEIN

Dr. David Stein is the founder of New England Neurodevelopment, LLC, a pediatric psychology practice in the greater Boston area of Massachusetts. He is a pediatric psychologist specializing in neuropsychological testing, behavioral and cognitive-behavioral therapy, and parent training. Dr. Stein speaks nationally and internationally about various topics in neurodevelopment including ADHD and Down syndrome. Dr. Stein is a graduate of Tufts University and William James College. He completed his clinical training at Harvard Medical School and Boston Children's Hospital, where he remained on the faculty for several years, through 2016. Dr. Stein is the author of the book *Supporting Positive Behavior in Children and Teens with Down Syndrome: The Respond, but Don't React Method* (Woodbine House, 2016).

Abstract: Behavior problems in children with Down syndrome are incredibly common. Roughly 30% of children with DS exhibits behaviors that are problematic enough to be diagnosed and treated by a professional. Left untreated, these same children often exhibit behavior problems as adults, limiting work and independent living opportunities. Many behavioral management tools are less effective for children with DS. This workshop will present the basic neuroscience of Down syndrome and how this informs effective behavior management, with practical strategies provided for use in the home and school settings from childhood through transition to adulthood. (www.NENeurodevelopment.com)

AIM TEAM MEMBERS

Learn how the AIM team can support you through your learner's journey from infancy into adulthood.



SARAH COMEAU, CCC-SLP, REG. (SK) (SPEECH LANGUAGE PATHOLOGIST)

Sarah has been with the AIM Program since AIM opened their doors in January 2015. Sarah provides individual and group speech and language therapy and is involved in various group programming, including, AIM's Bridge Program for students 2 ½ to 6, Discovery Group for students 0 to 4, the Social Skill Builders for preteens and teens and the AIM Connection Club for adolescents and young adults. Sarah gained prior experience working with individuals with diverse speech and language needs in various positions through Prairie North Health Region and Saskatoon Health Region. Sarah is passionate about her position at AIM. She loves the opportunity to work directly with students and their families and welcomes any opportunity to collaborate with outside professionals. Sarah is eager to provide fun, educational programming and to adapt it to meet the needs of all students and families.



DEBORAH COOKE, M.ED. (LITERACY AND INCLUSION SPECIALIST)

Deborah has been with the AIM team for one year and provides literacy instruction and support for her learners by expanding knowledge of the alphabetic code, developing phonemic awareness and building a high meaning/high frequency word base. Deborah has over thirty years of experience in elementary and secondary classrooms as a general education teacher, special education teacher, principal, and elementary school counselor and in post-secondary classrooms as a sessional lecturer at the University of Saskatchewan, primarily in the Department of Educational Psychology and Special Education. Deborah strongly believes in, practices, and promotes the philosophy of inclusion for all students in the general education classroom, the school, and in the community.



MEGHAN BADUN, M.SC.OT, OT REG (SK), OCCUPATIONAL THERAPIST

Meghan has been working with the AIM Program since March 2017. She provides occupational therapy services for the Bridge and Discovery early intervention programs. The Bridge Program is offered for children ages 2 ½ to 6 years and the Discovery Program is available for children ages 0 to 4 years. Meghan has developed and run small group programming including a School Readiness Program. She has worked as an occupational therapist for 9 years in a variety of cities and settings, and has experience working with children with a variety of diagnoses and levels of function. Meghan is passionate about helping children achieve their fullest potential and independence in daily activities. She greatly enjoys working with the children, families, and team at the AIM Program and feels that collaboration with outside professionals, schools, and health care teams are key in helping a child succeed in all activities and environments.

Please Indicate which location you would like to attend on Monday, November 6, 2017:

- The Western Development Museum, Saskatoon
 Mackenzie Art Gallery, Regina
 Webinar (must have access to reliable internet)

First Name: _____

Last Name: _____

School or Organization: _____

Title: _____

Address: _____

Phone number: _____

Email: _____

Mail cheque and registration form to:

The AIM Program, 3314 Millar Avenue, Saskatoon, SK S7K 7G9
 or pay by credit card and email form to admin@aimprogram.ca

Visa Mastercard

Name of card holder: _____

Credit Card #: _____

CVC #: _____ Postal code: _____

Please be advised a fee of 3.55% will be added to all credit card transactions.

PROFESSIONALS & SUPPORT STAFF:

Full Day
 (lunch & snack included) \$120 x _____

WEBINAR \$100 _____

TOTAL \$ _____

10% discount if 4 or more professionals register from the same school or organization. Each person must have their own registration form completed and submitted at the same time as other staff members to receive the discount.

**PARENTS & GUARDIANS;
 EDUCATION, SLP, OT STUDENTS::**

Full Day
 (lunch & snack included) \$80 x _____

WEBINAR \$60 _____

TOTAL \$ _____

RESOURCES

Supporting Positive Behavior in Children and Teens with Down Syndrome, by David Stein (Author) 2016 (paperback)

\$21.50 x _____

Teaching Children with Down syndrome about their bodies, boundaries, and sexuality by Terri Couwenhoven (Author) 2017 (paperback)

\$26.00 x _____

TOTAL \$ _____

GRAND TOTAL \$ _____

Registration Deadline is October 30, 2017.

If you are a parent and require registration support or for inquiries, please call: 306.381.6246 or email admin@aimprogram.ca. Cancellations must be sent in writing to the admin@aimprogram.ca.

All cancellations received by October 30, 2017 will be subject to a \$25.00 administration fee. No refunds will be given for cancellations received after October 30, 2017.